

Thursday 14 September 2023

Autumn vaccinations – staff clinics If you live in or around Aberdeen, there will be drop-in vaccination clinics for health & social care staff at Airyhall (Springfield Road) and Bridge of Don (Cairnfold Road) **this Saturday (16 September) between 9.30am - 4pm.**

If you'd prefer an appointment, you can see which clinics are bookable via the online booking portal. Please remember to select staff vaccination, as staff clinics will not display if you choose another option e.g., you are eligible because you're over 50, or because you are pregnant. Details of staff clinics across Grampian have been attached to the email used to send out this brief; please note the ARI clinics only have very limited appointments left. Please read the list carefully, as staff clinics are a mix of drop-in only and appointment only. Members of the public can **only** get vaccinated by appointment. **You must bring your staff ID to a clinic, whether you have an appointment or are dropping in.**

You can check which vaccinations you are eligible for here: [Winter vaccines | NHS inform](#)

Think Sink, Think Splash, Think Safety! Do you use a sink in a patient area? Are you doing all you can to reduce the risk of harm to your patients? NES and NHS National Services have created a new animation about Clinical Wash Hand Basins (CHWBs) and get us thinking about the risks sinks can pose. [It sits on the Turas platform, but no need for log in to view it, just click this link.](#)

Whistleblowing champion – reappointment Albert Donald has been reappointed as the Whistleblowing champion for both Grampian and Highland NHS Boards. Whistleblowing champions promote a culture of openness and transparency, where all staff feel confident to raise any concerns they may have, in the knowledge they will be supported, and their concerns properly investigated. Being able to provide assurance we can all raise concerns in an open, honest, and supportive workplace is a hugely worthwhile role.

Reminder - Waste reduction – help us to help you We know reducing our waste will make us a much more sustainable organisation. This starts with procurement, so we want to understand the current ordering and stock control practices in place in your area. We also want to be made aware of any good practice, ideas for improvements, and saving measures which could be implemented elsewhere. We're asking you to spare 5-10 minutes to complete this survey: [Sustainability Waste Survey 2023](#). If you are reading a printed version of the brief, please scan the QR code below. All responses are anonymous, the survey closes on 22 September.



NHS Grampian Staff Equalities Network As we prepare for 'Speak Up Month' this October, the next meeting of the network, at 2pm on Wednesday 20 September, will focus on the ways in which feeling psychologically safe is a fundamental pre-cursor to feeling safe and supported to raise concerns, admit mistakes, ask questions, and challenge organisational norms. The Staff Equalities Network is delighted to facilitate a special 90-minute session to spotlight psychological safety and we welcome Kate Smith from We Care who will help participants to:

- Identify what psychological safety is and why it is important
- Pinpoint the things that undermine psychological safety
- Analyse the factors that drive psychological safety
- Consider how to practically apply this in the workplace

You can find out further information about the session here: [September 2023 Meeting \(nhsgrampian.org\)](https://nhsgrampian.org/September-2023-Meeting) and if you would like to join, please email gram.staffequalities@nhs.scot

ACAP Scotland virtual research event This year's ACAP Scotland Virtual Research Event will be held via Teams on Wednesday 15 November. This is an exciting opportunity for healthcare professionals to publicise their work and share learning with colleagues in a friendly and supportive atmosphere. To apply to be part of the event, [simply complete this form](#)

First Aberdeen ticket offer Regular – or even occasional – bus users may be interested in this offer from First Aberdeen: they are taking 50% off the cost of their '3-in-7' bundles for the next four weeks, from today. [More information, and the terms & conditions, are available on the First website.](#)

Tune of the day Today's tune goes out to Megan, one of the community nurses based at Dyce, from your colleagues Susanne, Linda, Kirsty, Niamh, and Debra. Megan is getting hitched this weekend and the team can't wait to celebrate with you. [ABBA and I Do, I Do, I Do](#) is our tune of the day (EP)

If you want to request a tune, follow up on items included in this brief, or suggest an item for sharing, drop us an email via gram.communications@nhs.scot