

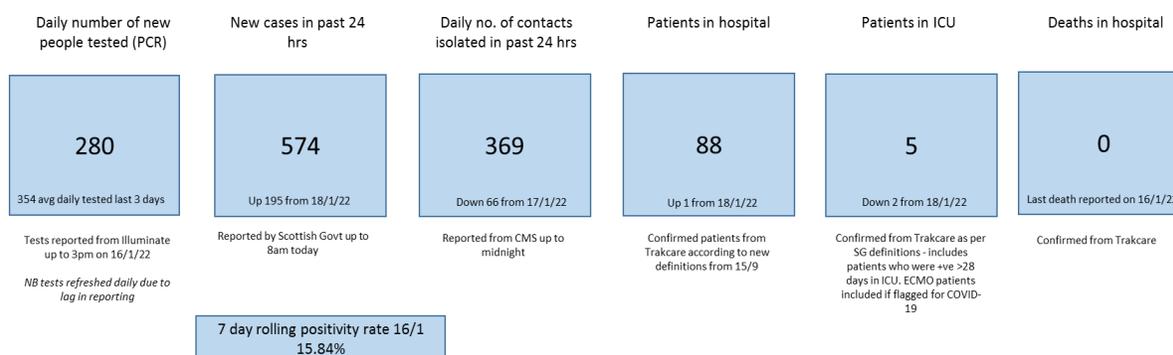
Here is the brief for Wednesday 19 January 2022.

**Reminder - Annual Leave buyback and carry over** – As communicated in November 2021, all employees are expected, wherever possible, to take all their accumulated leave by the end of the 2021/22 leave year however it is recognised that service demands have meant this has been difficult for some colleagues. The preference remains for managers and staff to work together to ensure all leave is taken where this is feasible. This is to support wellbeing by getting rest and recuperation, which managers should both encourage and facilitate. All requests to take annual leave should still be considered to enable staff to rest and recuperate. A local communication, outlining the options where it is not possible to take the entirety of the accumulated leave due to service demands, is available on the [intranet news pages](#) (networked devices only). Please read it carefully to understand how it affects you.

**Lateral Flow Devices – register your results** It's really important to register all results of LFD tests - whether positive, negative, or inconclusive - as it provides useful data on what is happening with the virus across Grampian.

- **If you work in health or social care in Grampian**, please use the staff asymptomatic testing programme – **you don't have to be in a patient/client facing role to take part**. As previously highlighted in this brief, we are using up the current stock of Innova kits and moving to Orient Gene's. These can come in boxes of 7 or boxes of 20 and can include either bottles of buffer solution (as with Innova) or individual pre-filled 'portions' of solution. Whichever kit you get, it will come with full instructions and your results are all reported to the same place – [covidtestingport.scot](#). The first time you visit the results portal you'll be guided on how to set up an account; once this is done, adding new results is the work of moments. If for any reason you are unable to set up an account, you should select 'Rapid Test/LFT' to log individual results as a guest. [You can sign up for the staff programme here](#).
- **Members of the general public** can order tests for home delivery on the UK Government website, collect them from participating pharmacies, or from a range of community locations across Grampian – [more information on test pick up points is available here](#). They should register test results on the UK Government website: <https://www.gov.uk/report-covid19-result>. If they cannot use the online service, test results can be registered by calling 119 (free on mobiles and landlines). This phonenumber is open 7am-11pm, 7 days a week.

**Grampian data** The local update for today is shown below. [The Public Health Scotland daily dashboard is available to view via this link](#).



**NHS Scotland National Event – call for posters** The 2022 NHS Scotland National Event will take place in Aberdeen on 21 & 22 June. A regular part of this event is the poster competition. The first stage of this contest is submitting an abstract. [Full details on how to do this are available on the event website.](#) We ask everyone who is considering submitting an abstract to get in touch via [gram.conference@nhs.scot](mailto:gram.conference@nhs.scot) for advice and support.

**Manager Corporate Induction Resource** From next Monday (24 Jan), all new managers in NHS Grampian attending a Corporate Induction will receive a new resource, designed to support them in their role. [This is available to view here for information.](#) Feedback on the new resource is welcome and can be sent to [gram.corporateinduction@nhs.scot](mailto:gram.corporateinduction@nhs.scot)

**Aberdeen Fertility Centre** From 1 August 2022, the Aberdeen Fertility Centre will be solely operated by NHS Grampian, having been part of the University of Aberdeen since it was founded in 1985. There will be no impact on current or future patient provision and the facility will continue to operate as before, operated by one organisation instead of two.

The centre was founded primarily as a research facility and while it still takes part in globally significant research, its primary role is as a provider of clinical services for NHS Grampian, Highland, Orkney, Shetland, and for self-funding patients. The change will bring the Aberdeen Fertility Centre in line with Scotland's other fertility centres which are operated by their respective NHS health boards.

### **We Care Wellbeing Wednesday**

- **Newsletter**

[Today we launch our newsletter, slightly later than usual, and available to read via this link.](#) Do not miss another edition, email [gram.wecare@nhs.scot](mailto:gram.wecare@nhs.scot) to subscribe to the newsletter.

- **Cervical Cancer Prevention Week 17-23 January 2022**

Cervical cancer is the most common cancer in women aged 25 to 35 years of age in Scotland. Around six women in Scotland are diagnosed with cervical cancer every week. Over 99% of all cervical cancers are caused by high-risk types of human papillomavirus (HPV). 11–12-year-olds are all offered HPV vaccination in schools but for women and anyone with a cervix cervical screening is one of the best ways to protect against cervical cancer.

The Scottish Cervical Screening programme sends invitations to attend for anyone with a cervix from age 25-64 years. Testing for high-risk HPV was introduced in March 2020. This test is collected in the same way as before but as a more accurate test, those who are HPV negative are at very low risk and can be screened every 5 years.

One in 3 women or people with a cervix do not attend for cervical screening and it is not easy for everyone to attend for many different reasons. If you have concerns, your GP and practice nurse can discuss these with you. Alternatively, more information and help can be found on [cervical screening in Scotland here](#) or via [Jo's Cervical Cancer Trust](#). (Thanks to Prof Maggie Cruickshank for providing the information above)

**Thought for the day** We're still in a poetic frame of mind around these parts – thanks to Lead Healthcare Chaplain Gillian Douglas for sharing these lines with us:

### Noticing at the end of the day

Notice who you have laughed with,  
Notice who you have cried with,

Notice what made you smile,  
Notice what you have missed,

No matter what today has been like,  
Notice it.

And then wonder what tomorrow might hold.

**Tune of the day** Emma Lang suggests today's tune and she has her eyes on the future, with a request for [Brighter Days, the new tune from Emeli Sande](#).

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)