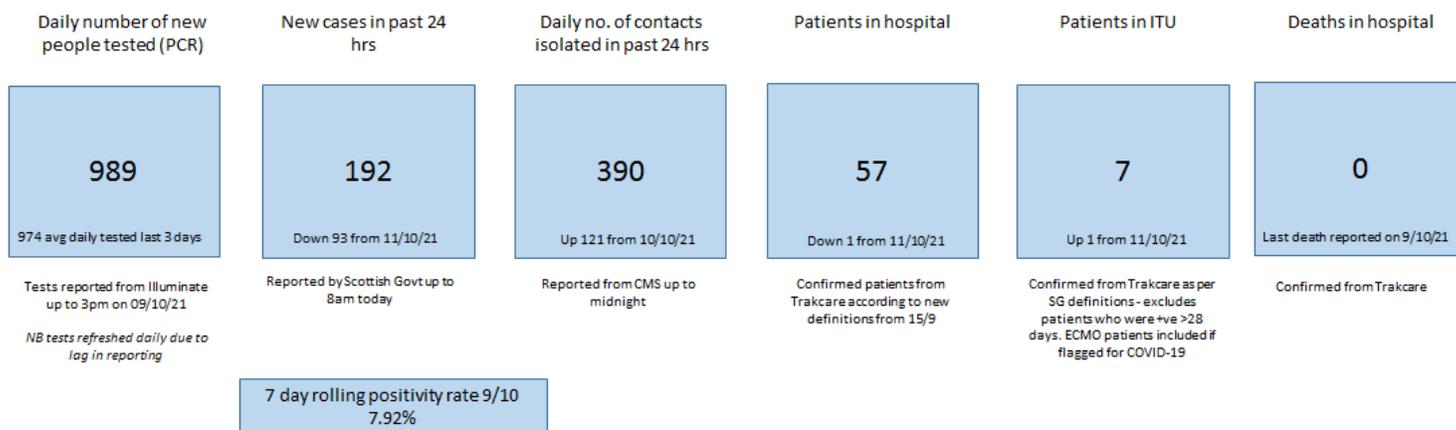


Here is the brief for Tuesday 12 October 2021.

**Coronavirus: lessons learned to date** The Health & Social Care, and Science & Technology Committees at Westminster have published a report, looking at the UK's response to the pandemic. This has been the subject of widespread media coverage today – [if you would like to read the report for yourself it is available online.](#)

**Culture Cabinet – open invite** Are you interested in helping ensure our values of caring, listening, and improving are experienced by all staff, patients and others who use our services? Do you want to help develop supportive, inclusive, and empowering work cultures, appropriate to local circumstances? If the answer is yes, Tom Power, Director of People & Culture, would like to invite you to the first of our regular Culture Cabinet sessions, on Wednesday 27 October between 4 and 5.30pm. This is an open forum for anyone with a positive intent around developing our culture, whatever your role, profession, or background. Please see the flyer attached for further information on how to take part or email [gram.workforce@nhs.scot](mailto:gram.workforce@nhs.scot) to be added to the meeting.

**Grampian data** The local update for today is shown below.



[The Public Health Scotland daily dashboard is available to view via this link.](#)

**City Liaison Nursing Team Redesign: New Model/New Location** The Aberdeen City HSCP Liaison Nursing Team have been undertaking a redesign following an organisational change process over the last 9 months to develop a New Localities-based Model. Implementation of the agreed new model has been accelerated to support current demand in ARI, improve patient experience and patient flow. **The Liaison Nursing team have moved from the Discharge Hub to an interim location in Foresterhill Health Centre – all contact details for the team remain the same, including telephone number (ext 50700).** Ward nursing staff should continue to refer patients with End of Life Care and Complex Nursing Care needs to the Liaison team as per normal processes on Trakcare (Liaison folders with guidance on who/how to refer is available in each ward).

**NEW Prediabetes and Type 2 Diabetes Pathway** This newly developed pathway is designed to guide all healthcare professionals to the most appropriate support options for people with either:

- Prediabetes/Impaired Glucose Tolerance (IGT)
- Type 2 Diabetes

All the documents you need can be found on Grampian Guidance:

**Pathway** - [Prediabetes and Type 2 Education and Self-Management](#)

**Referral form** - [Prediabetes and Type 2 Diabetes Education - Referral Form](#)

**Toolkit** – Useful Resources - [Prediabetes and Type 2 Diabetes Education - Toolkit](#)

**General Information** - [Diabetes in Grampian](#) contains information and links for services and resources that are useful for people living with diabetes and their carers across the region. This QR code will also take you directly to the Diabetes in Grampian site:



**Staff webpage** - Currently under development - [Healthier Futures – Useful Resources for Staff – Diabetes in Grampian \(scot.nhs.uk\)](#) . Do let us know what you would like to see here.

If you would like further information regarding specific services please do not hesitate to contact the relevant teams:

- Community dietetics - [gram.communitydietetics@nhs.scot](mailto:gram.communitydietetics@nhs.scot)
- Diabetes Psychology - [gram.actnow@nhs.scot](mailto:gram.actnow@nhs.scot)
- Diabetes Education Co-ordinator - [gram.patientgroupeducation@nhs.scot](mailto:gram.patientgroupeducation@nhs.scot)

Patients can self-refer using the following contact details:

- Community dietetics/Control It/Prevent It – [gram.patientgroupeducation@nhs.scot](mailto:gram.patientgroupeducation@nhs.scot) or telephone 01224 655708
- Diabetes Psychology - [gram.actnow@nhs.scot](mailto:gram.actnow@nhs.scot)

**Care Opinion** We have highlighted the Care Opinion website previously in this brief. If you aren't familiar with it, it provides members of the public an opportunity to describe and review their experience of health & social care services. More than 2,000 stories have been shared about NHS Grampian and they reflect some of the amazing work being undertaken by you all – here are snippets from two recently posted:

- [I felt immediately at ease \(giving birth at AMH\)](#) “If it hadn't been for the people at this hospital I think we could have easily come away from this experience feeling very negative about the birth but because of their professionalism and genuinely caring manner, my partner and I felt respected, empowered and nurtured and that overall that it was a positive experience where we were supported by wonderful people.”
- [Being cared by the best I could ask for \(gynaecology service, ARI\)](#) “I've said this before, but while ARI might not be the biggest hospital in The UK, biggest doesn't always mean best. When you can't imagine having better care anywhere else, then, there is your answer. So glad to be living in Aberdeen and being cared for by the best I could ask for.”

**Opportunity for reflection** Guided Journaling sessions are on offer as part of the We Care programme. [Recognising that the times available may not suit all staff, the reflections used in the previous week will be posted on the We Care noticeboard each Monday.](#) We'll also aim to share a question in this brief to get you started:

Even in a city, there is nature all around us but with the days growing shorter and the prospect of more inclement weather, our opportunities to connect with nature change. In the coming days and weeks, how might you connect with nature close to where you live or work?

**Tune of the day** Tom Castree selects today's tune and he's gone for [Live Forever by Oasis](#).

Thank you to everyone who got in touch following yesterday's brief. We read and appreciate every email!

If you want to request a song for tune of the day, follow up on items included in this brief, or suggest an item for sharing, drop us an email via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot)