

# COVID-19 Brief

coronavirus



Here is the brief for Monday 14 June 2021.

**Grampian data** Here is the daily local update (including the weekend), including the 7-day rolling positivity rate. As a reminder, this rate is arrived at by dividing the number of positive tests in the past 7 days by the number of tests carried out in the past 7 days. Repeat tests are included in both categories.

The figure for the “daily number of new people tested” is only for the number of tests for people who have not been tested previously. Unfortunately, due to a delay in reporting, we do not have these figures for Sunday or Monday. We apologise for any inconvenience caused.

	Daily number of new people tested	New cases in past 24 hrs	Daily no. of contacts isolated in past 24 hrs	Patients in hospital	Patients in ITU	Deaths in hospital
Sat 12/06	453	32	202	3	0	0
Sun 13/06	*	60	241	4	0	0
Mon 14/06	*	30	184	4	0	0

437 avg daily tested last 3 days

Tests reported from Illuminate up to 3pm on 10/06/21

NB tests refreshed daily due to lag in reporting  
\*delay in reporting

Down 30 from 13/06/21

Reported by Scottish Govt up to 8am today

Down 57 from 13/06/21

Reported from CMS up to 15:30 today

No change from 13/06/21

Confirmed patients from Trakcare according to new definitions from 15/9

No change from 13/06/21

Confirmed from Trakcare as per SG definitions - excludes patients who were >28 days. ECMO patients included if flagged for COVID-19

Last recorded death 23/04

Confirmed from Trakcare

7 day rolling positivity rate on 10/6  
1.38%

A national update is available on the [Public Health Scotland daily dashboard](#).

**Physical distancing in NHS Grampian** As highlighted in Friday’s brief, NHS Grampian is maintaining consistent physical distancing of 2 metres in all settings, including in catering outlets. All areas should be arranged accordingly, please do not move tables, chairs etc that have been set up to observe 2 metre physical distancing. Your ongoing co-operation with this is appreciated.

**We Care programme – national wellbeing webinars** A range of webinars have been organised for people working in health & social care in Scotland. Starting next week and running until the end of August, the new programme covers a broad range of topics, from managing sleep and shift work, to financial concerns, and psychological first aid. The webinars are free of charge. [The full programme, along with booking details, are available on the National Wellbeing Hub website](#). There is also information on how to listen to previous webinars.

**PPE donning and doffing training** This training is available every Tuesday at 11am, via MS Teams. You can book your space by emailing [gram.ipc-donn-doff-training@nhs.scot](mailto:gram.ipc-donn-doff-training@nhs.scot)

**NHS Scotland Pride badge** You may have seen a new pin badge, featuring the LGBTQ+ Pride flag, has been launched today for NHS Scotland staff. We have been supporters of the Pride movement in NHS Grampian for many years and have offered badges and lanyards for staff to display their solidarity since 2018. We will continue to distribute these until current supplies are exhausted and then move to using the NHS Scotland badge. If anyone would like one of the NHS Grampian Pride badges or lanyards, please contact Nigel Firth (Equality & Diversity manager) via [nigel.firth@nhs.scot](mailto:nigel.firth@nhs.scot)

**Safer Workplaces** Safer Workplace Champions are invited to attend a session with members of the Safer Workplaces Team on Wednesday 16 June, 10.30-11.30 and 1.30-2.30. This session will be held in the Staff Marquee, ARI site. If you would like to attend, please email [gram.saferworkplaces@nhs.scot](mailto:gram.saferworkplaces@nhs.scot) to book your place. If you have any queries you would like answered please email them before 4pm tomorrow (Tuesday 15). We also plan further sessions online and in the workplaces in coming weeks.

**Diabetes Week 14-20 June** The last year has been a challenge for everyone and for people living with diabetes this has been no exception. Many may have had concerns of how COVID affects people with diabetes; it could have been difficult to look after diabetes with less access to routine healthcare and a change in routine; or the opportunity to be diagnosed with diabetes may also have been missed.

For those working in healthcare there are often opportunities to support people living with diabetes even if this may not be their presenting problem.

### **Type 2 Diabetes – Control It, Prevent It, Reverse It**

People may have missed the opportunity to be tested, diagnosed and supported to look after their diabetes so many have an unexpected diagnosis of type 2 diabetes when presenting with another problem. There is now, available across Grampian, standardised information and services for people with pre diabetes or type 2 diabetes. Specific education sessions called 'Prevent It' or 'Control It' are offered to all, with options for specialist dietetic support and opportunities for 1:1 supported self-management focussed on physical activity, changing well-established eating habits and mild/moderate levels of anxiety and/or depression. The [Diabetes in Grampian website](#) offers useful resources for all and with the effect of the pandemic on motivation, mood and living healthily, these resources have never been more welcome to help look after or decrease the risk of Type 2 diabetes.

[For type 2 diabetes – whether it's to Control It, Prevent It, or Reverse it – we have resources available online.](#)

**Blood donation eligibility changes** From today, the questions asked before you give blood have changed. This is because UK blood services are starting to assess eligibility on a person-by-person basis instead of applying across-the-board restrictions which have previously excluded potential donors including low-risk gay men. Using a donor's individual experiences to determine whether that person is eligible to donate makes the process fairer for all donors and means more people will be able to give blood than ever before. It also means every donor will be asked the same questions - regardless of age, sex or sexual orientation. For more information this, you can visit the SNBTS website [here](#).

**HealthRoster v11 Update** The HealthRoster link on browsers will be updated to lead to HealthRoster v11 on **21 June 2021**. If you have the old link for HealthRoster saved, please note that it will cease to work on 30th June 2021. If you have not already logged in to HealthRoster 11 or visited the support page, please do so ASAP.

Please log in via the [HealthRoster 11](#) link.

We recommend using the Chrome browser, with the Edge browser as the next best alternative. System performance is poor on Internet Explorer. Support materials are available on the Intranet at the eRostrering [HealthRoster 11 Intranet page](#) (networked devices only)

**Tune of the day** This one goes out to all the Scotland fans – [Don't Stop Believin' by Journey](#). (We're well aware that football isn't everyone's 'bag', that there will be many of you from other nations taking part in the Euros, and that there will also be those of you – like me – who don't have a horse in this particular race. Non-football related tunes will resume!)

**Get in touch!** If you've got a question, an item to share with people working in health & social care, or just want to suggest a tune of the day, we want to hear from you! Drop us a line via [gram.communications@nhs.scot](mailto:gram.communications@nhs.scot).