**Integrated Alcohol Service**

Royal Cornhill Hospital

Cornhill Road

Aberdeen AB25 2ZH

Telefons 01224 557845 vai 557891

**The Integrated Alcohol Service is an appointment only service.**

**Comments, Suggestions and Complaints**

If you have any comments, suggestions or complaints, please speak to a senior member of the team.

If you prefer please complete Feedback Card for Health or write in person to:

**General Manager**

Royal Cornhill Hospital

Fulton Clinic

Cornhill Road

Aberdeen, AB25 2ZH

Alternatively please conplete form:

‘Have your say’ for Social Work or write in person to:

**Chief Social Work Officer**

Aberdeen City Council

Strategic Leadership

Marischal College

Broad Street

Aberdeen, AB10 1AB

**Useful Contact Details:**

**Alcohol & Drugs Action**

7 Hadden Street

Aberdeen

AB11 6NU

Telefons 01224 594700

**Alcohol Anonymous**

Telefons 0845 7697 555

**NHS 24**

Telefons 03454 242424

**Out of Hours Social Work**

Telefons 01224 693936

**Breathing Space**

Telefons 0800 838587

**Integrated Alcohol Service**

Information for you

**You have been referred to the Integrated Alcohol Service:**

**What is the Integrated Alcohol Service?**

The Integrated Alcohol Service offers help, support and treatment to individuals, who have problems relating to alcohol use and dependence.

Our aim is to assist you to stabilise your alcohol use, whilst offering help to enable you to tackle issues in your life that are being affected by your alcohol use.

The teams consists of:

* Consultant Psychiatrist.
* Other Medical Staff.
* Substance Misuse Nurses.
* Social Work Staff.
* Administration Staff.
* Support Workers.
* Links to all other voluntary agencies.

**What happens now I am referred?**

When we have received your referral, you will be allocated an appointment for an assessment.

**What does the service do?**

We aim to provide a service in line wiht National Quality Standards for substance misuse services. You will be given a copy of these standards as part of your care.

* Assessment for appropriate treatment and support such as mental health assessments, residential or community detoxification and rehabilitation with aftercare.
* Help to minimise harm related to alcohol misuse.
* Help to understand the risks of alcohol misuse.
* Help to improve overall health and wellbeing.
* Assistance for you in withdrawing from alcohol safely.
* Help you make and maintain positive lifestyle changes.
* Advice on benefits, housing, employment, debt and training.

**What will happen at my appointment?**

An assessment will be carried out jointly by health and social work staff. During your assessment we may ask about things like: your current and past history of alcohol misuse, your family situation, any physical, social or mental health problems you may have; what steps you have tkane ot help yourself; your circumstances, expectations and needs.

After this, we will draw up a personal care plan with you and agree on your treatment and support your recovery. Your Care Plan will be reviewed regularly by yourself and the team.

**What will the Care Plan consist of?**

* Relapse prevention work.
* Harm reducation advice.
* Health education.
* Help with ‘moving on’.

**I am worried that certain people will find out about my problem:**

Any information given to the Integrated Alcohol Service is shared with other professionals involved in care/treatment including GPs.

If information does need to be passed on to a third party, we will ask your permission before we do this, unless there are concerns regarding children or if there is serious risk to self or others.

As part of our effort to support clients who care for children or vulnerable adults, assessment may include a minimum of one home visit.