****NHS Grampian

Sexual Health Services

Sexual Health Services are open and provide the following services:

* Emergency and routine contraception including coils and implants,
* Sexually Transmitted Infections (STI) or Blood Borne Virus (BBV) testing and treatment
* HIV Pre- and Post-Exposure Prophylaxis
* Abortion and HIV care

**By appointment only**, no walk-in patients. Please call **0345 337 9900** for an appointment.

If you don't speak English, the Sexual Health Service has access to telephone interpreters (Language Line) which gives staff access to expert interpreters for over 170 different languages. All calls are confidential.

1. Dial 0345 3379900
2. When you hear in English "Please choose from the following options..." press 2 on your keypad
3. When instructed again to "Please choose from the following options..." press 3 and wait for a receptionist to answer your call.
4. Tell the receptionist in English "I need an interpreter. I speak (the language you speak)"
5. The receptionist will put your call "on hold" while they phone an interpreter to join the call. Please wait patiently as this may take a few minutes.
6. Once the interpreter is available, the receptionist will put the call on "conference" or "three-way conversation" where you, the interpreter and receptionist can have a conversation.
7. If you feel you have an urgent issue, please inform the receptionist. You need to give them your phone number so they can arrange for a nurse or doctor to call you back.

Condoms are also available on request and will be posted to your home address. Please email gram.freecondoms@nhs.scot your name, address and condom size required: trim, regular or large.