



Progress/Achievements

- New content 'Your Metal Health' published on Birth in Grampian website [Your Mental Health – Birth in Grampian \(scot.nhs.uk\)](https://www.scot.nhs.uk/your-mental-health-birth-in-grampian)
- Grampian Perinatal and Infant Mental Health Collaborative (PIC) planning complete – first meeting takes place 22nd Jan 2024
- Staff and service users reviewing content of Infant Feeding tab on BiG website
- Maternity congratulatory card design winners selected and cards have gone to print ready for distributing from January 2024
- Family Nurse Practitioner and Health Visiting leads for each area included in local MVP membership
- Ongoing engagement with Muslim mums' group with 150+ members
- [Moray Maternity expense claim](#) process now electronic following feedback from the Moray & Banff MVP
- Second addition of NHSG & NHSH [Maternity Collaborative Newsletter](#) published.

Next Steps/Future Plans

- Re-run of NHSG maternity survey on place of birth, mode of birth and induction of labour, to compare data and monitor progress
- Identify further areas of Birth in Grampian website for review
- Monitor effectiveness of elements of the [Maternity Charter](#)
- Working group to review antenatal education provision across Grampian established. Service users to be engaged around future service plans once current service mapping is complete.
- NHS Education for Scotland leading engagement with service users in January 2024 to support NHSG Maternity Service to review how trauma informed care is delivered.



Maternity Voices Partnership (MVP)

Local area meeting dates

- Aberdeen City - 4th December
- Central & South – 10th November
- Moray & Banff - 14th December
- North Aberdeenshire – not currently active, seeking volunteer chair.

Dates for 2024 TBC – follow the Grampian MVP on [Facebook](#) for the most up to date developments, opportunities and news.

For more info on the MVP including how to join go to the Birth in Grampian website [Maternity Charter – Birth in Grampian \(scot.nhs.uk\)](https://www.scot.nhs.uk/maternity-charter-birth-in-grampian)



Your Mental Health information page on the [Birth in Grampian website](#) is now live following engagement with staff, service users and 3rd sector partners.

Flash Reports – previous maternity service engagement flash reports can be viewed here [Maternity Engagement \(nhsgrampian.org\)](https://www.nhsgrampian.org/maternity-engagement)



Involving You If you have any questions or suggestions about the maternity service engagement work being carried out across Grampian, please get in touch at gram.maternityengagement@nhs.scot